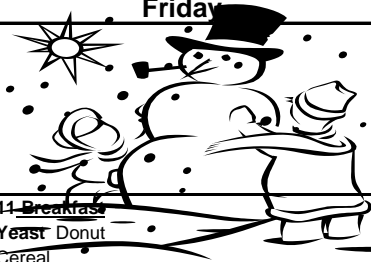


# January-2019

# Morrison Public School

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Online Meal Prepayment System!!!</b> Check this out on Morrison School Website <a href="http://mySchoolBucks.com">mySchoolBucks.com</a></p>	<p><b>It takes the average American 40 days out of the year to pay for all the food he/she eats in a year.</b></p>	<p><b>Breakfast is the most important meal of the day. Children who eat breakfast perform better on standardized achievement tests and have fewer behavior problems in school.</b></p>	<p><b>Be ahead of the game cut up a batch of bell peppers, cauliflower, or broccoli. Pre-package them to use when time is limited. Enjoy them in a casserole, stir-fry, or as a snack with hummus.</b></p>	
<p><b>2nd Choice Daily week 1 Elementary</b> Breakfast = Cereal Lunch = Tue - Thursday = Ham &amp; Cheese Sandwich Lunch = Friday = Pizza MS &amp; HS Lunch Choice #2 Burrito #3 Chicken Fajita</p>	<p><b>8 Breakfast</b> Pancake on a Stick/Syrup Oranges Milk <b>Lunch</b> Deli Sandwich Baked Chips Baked Beans Peaches Milk</p>	<p><b>9 Breakfast</b> Oatmeal/Cinn Toast Banana/Milk <b>Lunch</b> Taco Soup Corn Bread Cheese Stick Cucumbers Mixed Fruit Milk</p>	<p><b>10 Breakfast</b> Biscuit/Gravy Mixed Fruit/Milk <b>Lunch</b> Pork &amp; Noodles Whip Potatoes Green Beans Oranges Sliced Bread Milk</p>	<p><b>11 Breakfast</b> Yeast Donut Cereal Milk/Oranges <b>Lunch</b> Pulled Pork Sandwich Tator Tots Brocc/Pickle Spear Pears Milk</p>
<p><b>2nd Choice Daily Week 2 Elementary</b> Lunch = Tue. - Thursday= Ham &amp; Cheese Sandwich Lunch = Friday = Pizza MS &amp; HS Lunch Choice #2 Sub Sandwich #3 Chicken</p>	<p><b>15 Breakfast</b> Wildcat pattie/Biscuit Grapes/Milk <b>Lunch</b> Soft Taco Let/Tom/Cheese Refried Beans Spanish Rice Mandarin Oranges Milk</p>	<p><b>16 Breakfast</b> Bis/Saus Gravy Peaches/Milk <b>Lunch</b> Chicken Fried Rice Egg Roll Mandrain Veg Pineapple Peach Cobbler Milk</p>	<p><b>17 Breakfast</b> Pumpkin Muffin/Cereal Pineapple Milk <b>Lunch</b> Beef Nachos Broccoli &amp; Cauliflower Fresh Apple Green Beans Milk</p>	<p><b>18 Breakfast</b> Eggs/Toast Mixed Fruit/Milk <b>Lunch</b> Fish Sticks Mac &amp; Cheese Capri Vegetables Hush Puppies Fruit Jello Milk</p>
<p><b>2nd Choice Daily Week 3 Elementary</b> Lunch=Tue- Thursday = Ham &amp; Cheese Sandwich Lunch = Friday = Pizza MS &amp; HS Lunch Choice #2 Soup #3 Baked Potato Bar</p>	<p><b>22 Breakfast</b> Biscuit/Saus Gravy Apples/Milk <b>Lunch</b> BBQ Sandwich Sun Chips Baked Beans Pickle Spear Mixed Fruit Milk</p>	<p><b>23 Breakfast</b> Ultimate BKFT Round Cereal/Applesauce/Milk <b>Lunch</b> Chicken Quesadilla Let/Tom/Salsa Refried Beans Spanish Rice Pineapple Milk</p>	<p><b>24 Breakfast</b> Breakfast Burrito Salsa/Mixed Fruit Milk <b>Lunch</b> Frito Chili Pie Broccoli &amp; Cauliflower Grapes Blueberry Cobbler Milk</p>	<p><b>25 Breakfast</b> Oatmeal/Grapes Cinn Toast /Milk <b>Lunch</b> Tuna Noodle Cassrole Bosco Stick Peaches Carrots Sticks Choc Chip Cookies Milk</p>
<p><b>2nd Choice Daily Week 4 Elementary</b> Lunch = Tue- Thursday = Ham &amp; Cheese Sandwich Lunch = Friday = Pizza MS &amp; HS Lunch Choice #2 Corn Dog #3 Taco</p>	<p><b>29 Breakfast</b> Breakfast Pizza Banana Milk <b>Lunch</b> Smothered Steak Whipped Potatoes/Gravy Hot Roll Corn Peaches Milk</p>	<p><b>30 Breakfast</b> Bis/Saus Gravy Peaches Milk <b>Lunch</b> Spag.Meat Sauce Bosco Stick Tossed Salad Green Beans Oranges Milk</p>	<p><b>31 Breakfast</b> French Toast/Syrup Oranges Milk <b>Lunch</b> Grilled Cheese Sandwich Tomato Soup Brocc/Cauli/Cucu Applesauce Milk</p>	<p><b>Feb. 1 Breakfast</b> Cream of Wheat Cinn Toast Grapes/Milk <b>Lunch</b> Bagel/Turkey Ham Baked Chips Oranges Baked Beans Cookie Milk</p>

**This institution is a equal opportunity provider.**

