


Monday	Tuesday	Wednesday	Thursday	Friday
				
		<p>The world's largest peanut butter and jelly sandwich was created in Oklahoma City, on Sept. 2002. Peanut Butter is the number one use for peanuts in the US.</p>	<p>5 A Day means...Eating 5 to 9 servings of fruits and Veggies everyday. One piece of fresh fruit like a bananas, an apple, a peach, or an orange counts as one serving of your 5 A Day. There are six types of nutrients in the</p>	<p>All Menus are subject to change 2nd choice for Breakfast - Cereal Lunch Elementary Tue - Thurs = PBJ Friday = Pizza MS & HS = #2 and 3 offered daily Fruit and Vegetables are offered daily.</p>
<p>2nd Choice Daily Week 2 Elementary Breakfast = Cereal Lunch = PBJ Tue - Thursday Lunch = Pizza Friday MS & HS Lunch Choice #2 Chicken #3 Tuna</p>	<p><u>6 Breakfast</u> Wildcat Pattie/Biscuit Pineapple/Milk <u>Lunch</u> Chicken & Noodles Hot Roll Whipped Potatoes Corn Oranges</p>	<p><u>7 Breakfast</u> Bis/Sausage Gravy Oranges/Milk <u>Lunch</u> Chicken Enchilada Casserole Refried Beans Pears Spanish Rice Churro</p>	<p><u>8 Breakfast</u> Yeast Donut Cereal/Raisins Milk <u>Lunch</u> Spaghetti/Meat Sauce French Bread Green Beans Mixed Fruit</p>	<p><u>9 Breakfast</u> Oatmeal/Cinn Toast Mixed Fruit/Milk <u>Lunch</u> BBQ Chicken Sandwich Baked Chips Baked Beans Banana Chocolate Cake</p>
<p>2nd Choice Daily Week 3 Elementary Breakfast = Cereal Lunch = PBJ Tue - Thursday Lunch = Pizza Friday MS & HS Lunch Choice #2 Deli Sandwich #3 Pretzel/Cheese</p>	<p><u>13 Breakfast</u> Breakfast Bagel Oranges/Milk <u>Lunch</u> Beef Nachos Baked Apples Brocc/Tomatoes/Carrots Pudding Milk</p>	<p><u>14 Breakfast</u> Scrambled Eggs/Sausage Toast/ Peaches/Milk <u>Lunch</u> Soft Taco Let/Tom/Cheese Refried Beans Spanish Rice Pears/Churro</p>	<p><u>15 Breakfast</u> Bkft Pizza Pears/Milk <u>Lunch</u> Beef & Noodles Biscuit Whip Potatoes Capri Vegetables Applesauce</p>	<p><u>16 Breakfast</u> Biscuit/Sausage Gravy Applesauce/Milk <u>Lunch</u> Tuna Salad Sandwich Tator Tots Brocc/Tom/Cuc Banana Oreo Cookies</p>
<p>Spring Break March 17-26, 2018 Have a great time off!!!</p>	<p><u>20 Vernal Equinox</u> March 20 is the Vernal, or Spring Equinox the beginning of spring The equinoxes are the two days each year when the middle of the Sun is an equal amount of the time above and below the horizon</p>	<p><u>21 The Fruit of the Month</u> Grapes, people have been eating grapes since prehistoric times . Raisins were probably first produced deliberately in Asia by the process of burying fresh grapes in the hot desert sand.</p>		
<p>2nd Choice Daily Week 5 Elementary Breakfast = Cereal Lunch = PBJ Tue - Thursday Lunch = Pizza Friday MS & HS Lunch Choice #2 Walking Taco #3 Soup</p>	<p><u>27 Breakfast</u> Bagel/Cream Cheese Apple/Milk <u>Lunch</u> Ham & Cheese Sandwich Baked Chips Peaches Carrot Sticks Teddy Grahams Milk</p>	<p><u>28 Breakfast</u> Bkft Burrito Apple/Milk <u>Lunch</u> Beef Shepard Pie Hot Roll Tossed Salad Peaches Corn Milk</p>	<p><u>29 Breakfast</u> Saus/Egg/Cheese Biscuit Grapes/Milk <u>Lunch</u> Chicken Fajitia Let/Tom/Cheese Refried Beans Spanish Rice Churro Milk</p>	<p><u>30 Breakfast</u> Biscuit/Sausage Gravy Applesauce/Milk <u>Lunch</u> Pulled Pork Sandwich Tator Tots Brocc/Peppers Pineapple Snickerdoodle Cookie Milk</p>

This institution is a equal opportunity provider.

