


Monday	Tuesday	Wednesday	Thursday	Friday
		<p>The world's largest peanut butter and jelly sandwich was created in Oklahoma City, on Sept. 2002. Peanut Butter is the number one use for peanuts in the US.</p>	<p>5 A Day means...Eating 5 to 9 servings of fruits and Veggies everyday. One one piece fresh fruit like a bananas, an apple, a peach, or an orange counts as one serving of your 5 A Day. There are six types of nutrients in the foods we eat.</p>	<p>All Menus are subject to change</p> <p>Fruit and Vegetables are offered daily.</p>
<p>2nd Choice Daily Week 2 Elementary Breakfast = Cereal Lunch = PBJ Tue - Thursday Lunch = Pizza Friday MS & HS Lunch Choice #2 Chicken #3 Brat</p>	<p>5 Breakfast Wildcat Pattie/Biscuit Pineapple/Milk Lunch Chicken & Noodles Hot Roll Whipped Potatoes Broc/Peppers/tom Oranges</p>	<p>6 Breakfast Bis/Sausage Gravy Oranges/Milk Lunch Chicken Enchilada Casserole Refried Beans Pears Spanish Rice Churro</p>	<p>7 Breakfast Yeast Donut Cereal/Raisins Milk Lunch Spaghetti/Meat Sauce Bosco Stick Green Beans Mixed Fruit</p>	<p>8 Breakfast Oatmeal/Cinn Toast Mixed Fruit/Milk Lunch Hamburger Baked Chips Baked Beans Banana Chocolate Cake</p>
<p>2nd Choice Daily Week 3 Elementary Breakfast = Cereal Lunch = Ham Sandwich Tue - Thursday Lunch = Pizza Friday MS & HS Lunch Choice #2 Deli Sandwich #3 Pretzel/Cheese</p>	<p>12 Breakfast Breakfast Bagel Oranges Milk Lunch Beef Nachos Baked Apples Tossed Salad Pudding</p>	<p>13 Breakfast Scrambled Eggs/Sausage Toast/ Peaches/Milk Lunch Soft Taco Let/Tom/Cheese Refried Beans Spanish Rice Pears/Churro</p>	<p>14 Breakfast Bkft Pizza Pears/Milk Lunch Chicken Tortilla Soup Tortilla Chips String Cheese Broc/Cuc/Tom Applesauce</p>	<p>15 Breakfast Biscuit/Sausage Gravy Applesauce/Milk Lunch Ham & Cheese Sandwich Baked Chips Black Bean Salad Banana Oreo Cookies</p>
<p>Spring Break March 16-25, 2019 Have a great time off!!!</p>		<p>20 Vernal Equinox March 20 is the Vernal, or Spring Equinox the beginning of spring The equinoxes are the two days each year when the middle of the Sun is an equal amount of the time above and below the horizon</p>	<p>21 The Fruit of the Month Grapes, people have been eating grapes since prehistoric times . Raisins were probably first produced deliberately in Asia by the process of burying fresh grapes in the hot desert sand.</p>	
<p>2nd Choice Daily Week 5 Elementary Breakfast = Cereal Lunch = PBJ Tue - Thursday Lunch = Pizza Friday MS & HS Lunch Choice #2 Walking Taco #3 Soup</p>	<p>26 Breakfast Bagel/Cream Cheese Apple Milk Lunch Corn Dog Tator Tots Peaches Carrot Sticks Milk</p>	<p>27 Breakfast Bkft Burrito Apple/Milk Lunch Chicken Pot Pie Biscuit Tossed Salad Peaches Pudding Milk</p>	<p>28 Breakfast Saus/Egg/Cheese Biscuit Grapes/Milk Lunch Chicken Fajitia Let/Tom/Cheese Refried Beans Spanish Rice Churro Milk</p>	<p>29 Breakfast Biscuit/Sausage Gravy Applesauce Milk Lunch Pulled Pork Sandwich Baked Chips Brocc/Peppers Pineapple Milk</p>

This institution is a equal opportunity provider.

